August 27, 1921.

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the Nurse does never hesitate to use Nujol to overcome constipation ? Because she knows that **Nujol** is not adrug; does not act like any drug; is not absorbed; does not affect digestion; is pure, and acts mechanically, not medicinally. The causes that induce constipation are 90% mechanical. Nujol softens and moistens fecal matter, lubricates the bowels, promotes peristalsis, absorbs and removes toxins. Nujol establishes regular, thorough bowel movement. Nujol can be used at any age, in either sex, under any conditions. The Nurse takes Nujol herself whenever she needs Nujol. For Constipation Nujol Department : Anglo-American Oil Co., Ltd., Bevis Marks, London E.C.3. Please send me sample of Nujol. Also booklet, "On a Case." Jujol Name Address .. Garrould **GOVERNMENT** and HOSPITAL CONTRACTORS ONE MOMENT PLEASE. All kinds of NURSES' UNIFORMS, In your professionai career you must come across many cases where the regu-'ar use of 'Wincarnis' would be of inestimable value to patients. In debility, anæmia, mal-nutrition, insomnia, nervous breakdown and particularly in prolonged convalescence after a serio us illness 'Wincarnis' has an extraordinary stimulating and strengthening effect—but unlike drugs which only give a fictihious strength, 'Win-carnis' gives a strength which is lasting, because in each wineglassful of 'Wincarnis' there is a standardised amount of nutriment. 'Wincarnis' is supplied to the Houses of Parliament, the King and Queen of Spain. The Royal Army Medical Corps, and His Majesty's Forces, It is regularly prescribed by Doctors and recommended by thousands of nurses. In your professional career you must SURGICAL INSTRUMENTS AND APPLIANCES, ETC. Illustrated Catalogue Post Free E. & R. GARROULD, 150-162, Edgware Rd. LONDON W.2 Telegrams: Garrould, London. elephones: 5320, 5321, and 6297, Paddington Subitol Soap keeps the Over 10,000 Doctors skin free from redness and recommend it. irritation, and preserves the hands from the rough-COLEMAN & CO. LTD. WINCARNIS WORKS, NORWICH. ening effect of hard work. By using Subitol Soap regularly your hands will be white and soft. Insist on getting SUBITOL SOAP CHAS. ZIMMERMANN & CO. (Ghem.), LTD., 9-10 ST. MARY-AT-HILL, LONDON, E.C.3



